



West Suffolk Council's Summer Holiday Activity and Food (HAF) programme 2024

For more information, please see our website: [Holiday events](#) page.

Information also available at [Suffolk InfoLink - Holiday Activity and Food \(HAF\) programme 2024 in Suffolk](#)



Holiday Club

- **Bradfield Woods**, IP30 0AQ, 22, 23, 24 and 25 July, 5, 6, 7, 8, 21 and 22 August, from 9am to 3.30pm.
Book at [Eequ · After school. In place of school. Beyond school.](#)
- **Lackford Lakes**, IP28 6HX, 25 July, 1, 2, 8, 9, 15, 16, 20, 22 and 29 August, from 9am to 3.30pm
Book at [Eequ · After school. In place of school. Beyond school.](#)

Forest free play, woodland crafts, and games. Cook your lunch over a campfire (lunch provided). We have a number of free Suffolk County Council funded places for those children in receipt of benefit related free school meals. Ages 6 to 11.



Summer Holiday Activities

- **Curvemotion**, Lamdin Road, Bury St Edmunds, IP32 6LJ, 22 July to 2 September
Book at <https://eequ.org/experience/5696>

Choice of skate or soft play, includes skate hire and a meal and drink. Fully funded sessions throughout the Summer holidays for recipients of free school meals or Pupil Premium. Ages 5 to 16.

For more information visit: [CurveMotion - Skate Play Eat](#)



Football Fun Camp

- **Red Lodge Sports Pavilion**, IP28 8FG, 22 to 26 July and 19 to 23 August, from 9am to 3.30pm.
Book at <https://eequ.org/experience/9596>
- **Mildenhall Hub Leisure Centre**, IP28 7JX, 29 July to 2 August, from 9am to 3.30pm
Book at <https://eequ.org/experience/6933>
- **King Edward VI School**, Bury St Edmunds, IP33 3AU, 29 July to 2 August and 12 to 16 August
Book at <https://eequ.org/experience/8816>

Your child will take part in our range of inflatable football experiences including games and activities inside our inflatable football pitch, football darts and play on our inflatable goal! We also deliver some more traditional football sessions, games and play plenty of matches. Ages 5 to 12.



Family Park Cooking

These sessions will run on various dates from 22 July to 30 August, from 10am to 4pm, at the following locations:

- **Bury Scout Hut**, Bury St Edmunds, IP32 6DE
Book at <https://eequ.org/experience/5510>
- **Brandon Country Park**, Bury Road, IP27 0SU
Book at <https://eequ.org/experience/5640>
- **Mildenhall Scout Hut**, St Andrews Street, Mildenhall, IP28 7HB
Book at <https://eequ.org/experience/5760>
- **The Jarman Centre**, 119 Duchess Drive, Newmarket, CB8 9HB
Book at <https://eequ.org/experience/5762>
- **East Town Park**, Coupals Road, Haverhill, CB9 7UR
Book at <https://eequ.org/experience/7406>
- **Stanton**, TBC
Book at <https://eequ.org/experience/5787>

Adults and children take part in an amazing unique experience, away from the normal pressures of life. These sessions are only available for families in receipt of free school

meals. Activity includes outdoor family activities, outdoor cooking class and lunch provided, recipe book and videos and a food box for a family of four. For information visit [Abbeycroft Leisure - Holiday Activity Fund](#)



Teen Challenge days

These sessions will run on various dates from 29 July to 29 August, from 10am to 4pm, at the following locations:

- **Bury Leisure Centre**, Beetons Way, IP33 3TT
Book at <https://eequ.org/experience/5738>
- **Mildenhall Hub**, Sheldrick Way, Mildenhall, IP28 7JX
Book at <https://eequ.org/experience/7326>
- **Newmarket Leisure Centre**, Exning Road, Newmarket, CB8 0EA
Book at <https://eequ.org/experience/7327>
- **Haverhill Leisure Centre**, Ehringshausen Way, Haverhill, CB9 0ER
Book at <https://eequ.org/experience/5518>

Meet new people and try new things with our Teen Challenge days. Book on to one of these active and exciting days. Every session will include new and challenging activities. Everyone that attends will get a free hot lunch as well as taking part in at least two of our awesome activities. Challenge yourself! Join in the fun with activities such as snorkelling, mountain biking, climbing, cooking lessons, and a cinema visit! Ages 11 to 16.

For information visit [Abbeycroft Leisure - Holiday Activity Fund](#)



Adventure days

These sessions will run on various dates from 22 July to 30 August, from 10am to 4pm, at the below locations:

- **Bury Leisure Centre**, Beetons Way, IP33 3TT
Book at <https://eequ.org/experience/5516>
- **Brandon Leisure Centre**, Church Road, IP27 0JB
Book at <https://eequ.org/experience/5640>
- **Mildenhall Hub**, Sheldrick Way, Mildenhall, IP28 7JX
Book at <https://eequ.org/experience/5731>
- **Newmarket Leisure Centre**, Exning Road, Newmarket, CB8 0EA
Book at <https://eequ.org/experience/5737>

- **Haverhill Leisure Centre**, Ehringshausen Way, Haverhill, CB9 0ER
Book at <https://eequ.org/experience/5735>

Enjoy an action-packed day of safe, structured activities with fresh air in abundance. All under the careful eye of experienced outdoor instructors. Activities include Forest Games, Fire-Lighting, Combat Archery, Archery, Catapult Building and Geocaching. If your child receives free school meals, you may be entitled to a free place. Ages 8 to 12.

For information visit [Abbeycroft Leisure - Holiday Activity Fund](#)



Swim and Lunch

The sessions will run on various dates from 23 July to 29 August, at the following locations:

- **Bury Leisure Centre**, Beetons Way, IP33 3TT
Book at [HAF Bury St Edmunds- Free swim & lunch with Abbeycroft · Eequ](#)
- **Mildenhall Hub**, Sheldrick Way, Mildenhall, IP28 7JX
Book at [HAF Mildenhall - Free swim and lunch with Abbeycroft · Eequ](#)
- **Newmarket Leisure Centre**, Exning Road, Newmarket, CB8 0EA
Book at [HAF Newmarket- Free swim and lunch with Abbeycroft · Eequ](#)
- **Haverhill Leisure Centre**, Ehringshausen Way, Haverhill, CB9 0ER
Book at [HAF Haverhill - Free swim and lunch with Abbeycroft · Eequ](#)

We're offering unlimited free swimming sessions with a lunch, to support children who are entitled to free school meals, young carers, and those with special educational needs and disabilities (SEND)*. Parents can now swim for free with their children! The free swim initiative will run throughout the holidays, providing eligible children with free access to the following sessions at our participating pools. Ages 5 to 16
For information visit [Abbeycroft Leisure - Holiday Activity Fund](#)



Holiday camps

- **The Glade Academy Brandon**, IP27 0DA, 22 to 26 July, 9am to 4pm
Book at <https://eequ.org/experience/7259>
- **Lakenheath Primary School**, IP27 9DU, 22 to 26 July, 5 to 9 August and 12 to 16 August, 9am to 4pm.
Book at <https://eequ.org/experience/8893>

- **Westgate Community Primary**, IP33 3JX, 29 July to 2 August, 9am to 4pm
Book at <https://eequ.org/experience/8896>
- **St Edmundsbury Primary School**, IP33 3BJ, 22 to 26 July and 29 July to 2 August, 9am to 4pm
Book at <https://eequ.org/experience/7260>
- **Clements Academy**, CB9 8JN, 12 to 16 August, 9am to 4pm
Book at <https://eequ.org/experience/8895>

A bucket load of fun activities, every school holiday. With great value sports, performing arts, and games to enjoy each half term, we have plenty for your children to get stuck into in the school break. Ages 4 to 12.

For more information visit: [Premier Education - Holiday Camps](#)



Holiday camps

- **St Louis Catholic Academy, Newmarket**, 22 July to 8 August, 8.45am to 4pm
Book at <https://eequ.org/experience/5544>
- **St Christophers COE Primary School, Red Lodge**, IP28 8XQ, 22 July to 8 August, 8.45am to 4pm
Book at <https://eequ.org/experience/5548>
- **Laureate Community Academy, Newmarket**, CB8 8AN, 19 to 29 August, 8.45am to 4pm
Book at <https://eequ.org/experience/5551>

Activities include archery, athletics, gymnastics, dance, yoga, children's fitness, personal best challenges, and individual sport specific skill sessions. We will also be offering a range of fun arts and crafts activities. Ages 4 to 11

For more information visit: [Premier Education - Holiday Camps](#)



Summer camps

- **Moulton Village Hall**, CB8 8SP, 5 to 14 August, 9am to 3pm
Book at <https://eequ.org/experience/8227>

- **Westfield Primary School**, CB90BW, 24 to 31 July, 9am to 3pm
Book at <https://eequ.org/experience/6733>

Arts crafts, martial arts, giant inflatables, animal experiences, baking, axe throwing, mini golf, sports, and games plus many more! Ages 4 to 14.

For information visit: [Limitless Sports & Activities | Parties, Events, Coaching, Cambridgeshire \(limitlessactivities.co.uk\)](https://www.limitlessactivities.co.uk)



Summer Workshops in The Yard

- **St Edmundsbury Cathedral**, Angel Hill, Bury St Edmunds, IP33 1LS, 24 and 31 July, 7, 8, 14 and 21 August.
Book at <https://eequ.org/experience/5752>

Join us in the yard for eco-activities, outdoor cooking, painting and crafts the garden room plus much more. You can find us at The Yard, across the green opposite the Cathedral café doors (to the rear of the shop). Please pre-book, limited spaces available. Priority spaces and meal provided for children whose families are eligible for free school meals, pupil premium or have an identified need. Ages 11 to 18



Holiday Camp

- **South Lee School**, Bury St Edmunds, IP33 2BT, 22 July to 30 August (excluding weekends)
Book at [School's Out Activities- Bury St Edmunds with School's Out Activities . Eequ](https://eequ.org/experience/5752)

Early Explorers, 4 to 6 years, designed by primary school teachers to aid in the development of children in early years. Singing, drawing, creating, dancing, building, Painting, baking and more!

Creative Crew, 7 to 12 years, for girls and boys to indulge in their creative side, be active, yet have time to chill. Arts & Crafts, textiles, performing, dancing, cooking, fashion, singing and more!

Adrenaline Adventure, 7 to 12 years, an action-packed week jammed full of 30+ team sports and adventurous activities! Nerf Wars, dodgeball, football, Mario Kart, roller racers, KinBall, RC Cars and more!

Next Generation, 13 to 16 years, developing leaders of the future with our '5 Levels to Leadership' programme. Make a working journal, build confidence, work experience, gain rewards.



Summer Family Fun

- **National Horse Racing Museum**, Palace Street, Newmarket, CB8 8EP, 24 July to 30 August, 11am to 3pm.
Book at [Eequ](#) · [After school](#). [In place of school](#). [Beyond school](#).

Get creative with our Summer crafts. Free family drop-in workshops Wednesdays and Fridays during the summer holidays. If your family is eligible for free school meals or you know a family that may benefit from the Holiday Activity and Food programme, picnic bag lunches from The Bakery in King's Yard for children and young people aged 5-16 are available to book in advance by sending an email. Ages 5 to 16 but all are welcome.



Summer Sport Camp

- **Bury Rugby Club**, Southgate Green, Bury St Edmunds, IP33 2BL, Every Tuesday, Wednesday and Friday from 24 July to 30 August, 8.45am to 4.30pm
Book at <https://eequ.org/experience/9150>

Fun packed days filled with sporting activities, team building and games! Free funded spaces those receiving pupil premium. Ages 5 to 12.



Wrap Around Care – Holiday Club

- **Exning Primary School**, CB8 7EW, 29 July to 23 August
Book at <https://eequ.org/experience/7294>

Qualified staff organise a wide range of free choice and adult supported activities or games. Sessions include morning and afternoon snack, as well as the option of breakfast, but children should bring a packed lunch for paid sessions. If your child receives free school meals, you may be entitled to a free place. Limited spaces available, places will be allocated through schools. Primary school aged children. For more information email: Rachel.donald@exning.suffolk.sch.uk



Holiday Activity and Food Programme

- **The British Racing School**, Snailwell Road, Newmarket, CB8 7NU, 26 to 30 August, 9am to 3pm
Book at <https://eequ.org/experience/6812>

Ride every day. You will be encouraged to build key skills, there will be educational and enriching activities. Nutritious free hot meal included. Free to children receiving benefit related school meals. Limited spaces available, places will be allocated through schools. Ages 9 to 11.



Summer entertainment

- **Memorial Gardens, Newmarket**, CB8 8JP, 25 July, 8 and 22 August, 1pm to 4pm. Bouncy Castles, rides, Crafts and magic shows. Ages 3 to 16.
Book at <https://eequ.org/experience/9194>
- **The Pavilion at The Several**, CB8 7YN, 1 and 15 August, 1pm to 4 pm, Bouncy Castle, ride, up close magic and climbing wall. Ages 10 to 16
Book at <https://eequ.org/experience/9198>

Whether you need to entertain the children or grandchildren, we have put together some free Summer activities. Ages 3 to 16.



Strong Girl Squad

- **CrossFit Beorn**, Unit 9, Enterprise Park, Bury St Edmunds, IP33 1JZ, 23 July to 29 August.
Book at <https://eequ.org/experience/7049>

The strong girls squad holiday club is for secondary aged girls. Our mission is to help girls feel strong both mentally and physically, by teaching them about strength in a female-led environment full of encouragement and fun!



Kids R Us Summer activities

- **Moulton CEVC Primary School**, CB8 8PR, 22 July to 2 September (Excluding weekends)
Book at [My listings · Eequ](#)

We provide a range of activities including arts & crafts, physical games, themed activities, cooking and food related activities and many more. Child led setting with Play at the center.



Film-Making Workshop

4 day film making workshop. Come along to learn to make movie trailers, music videos, stop motion animation and more? Free for children on free school meals, everyone gets a free lunch. Ages 8 to 18.

- **Abbey House**, Angel Hill, Bury St Edmunds, IP33 1LS, 5 to 8 August
Book at [Bury St. Edmunds Film Making Workshop with The Offshoot Foundation · Eequ](#)
- **The King Edward Memorial Hall**, High Street, Newmarket, CB8 8JP, 29 July to 1 August
Book at [Eequ · After school. In place of school. Beyond school.](#)

For information email theoffshootfoundation@gmail.com